

BACK-MUSCLE ROLLOVER

Replacement Sheet

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FIG. 1.

Perspective View

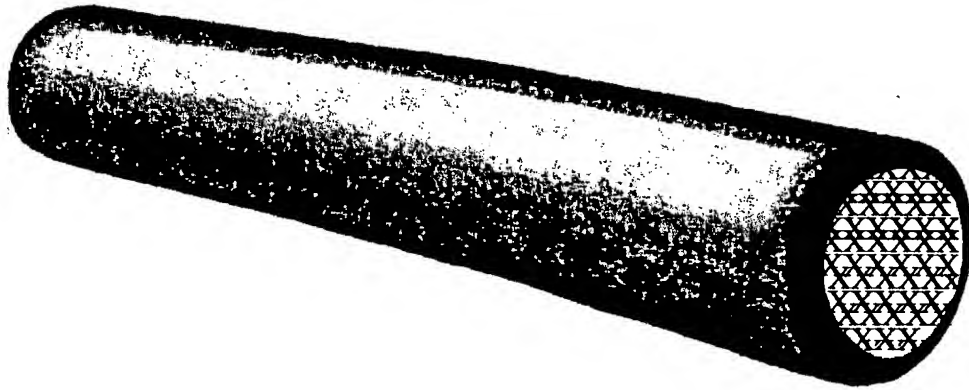


FIG. 2.

End View

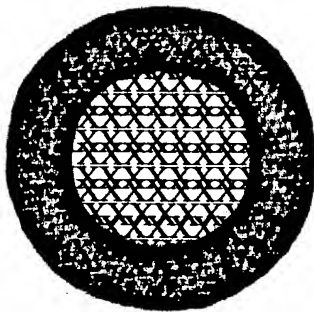


FIG. 3.

Side View



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FIG. 4

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New Sheet

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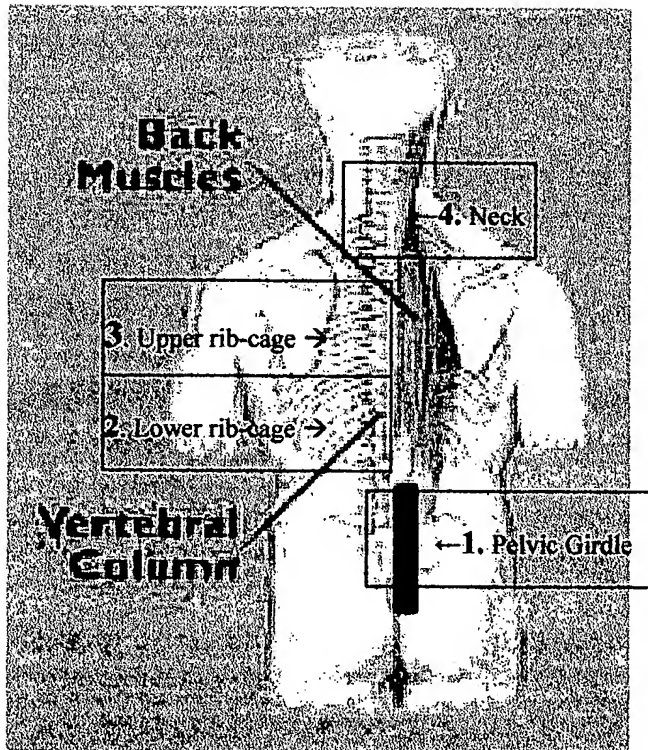
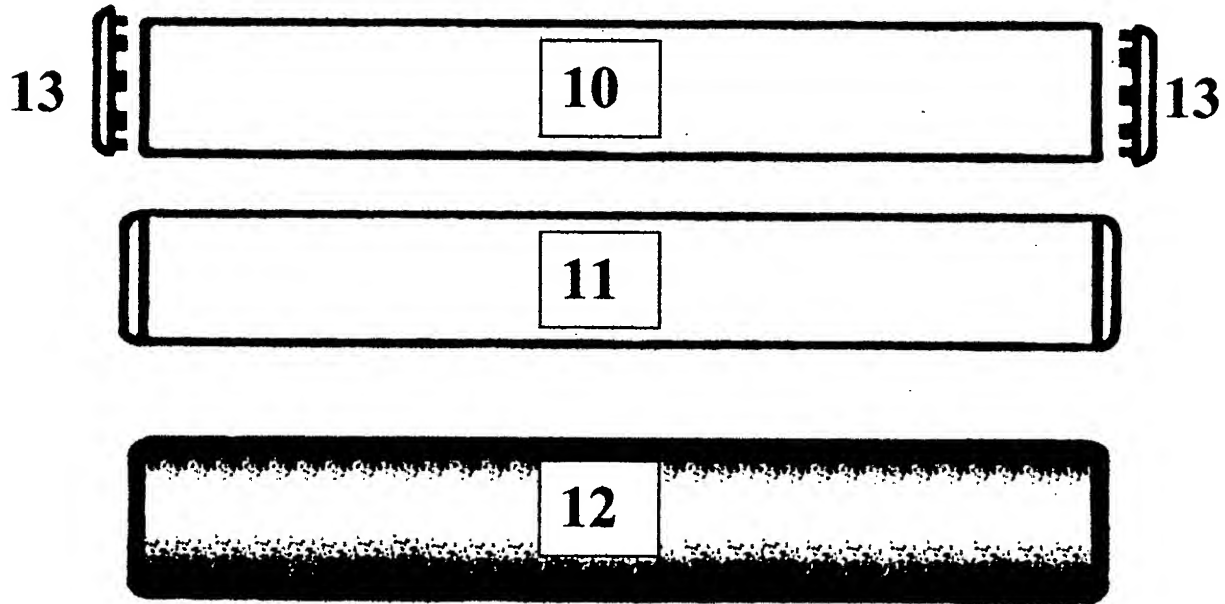


FIG. 5

The four positions for placement of the Back Muscle Rollover, starting on one side of the pelvic girdle. It is used on both sides of the spine at each location.

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